MARCH 15<sup>TH</sup>-17<sup>TH</sup>, 2018
Fort Lauderdale Marriott Harbor Beach Resort & Spa
3030 Holiday Dr., Fort Lauderdale, Florida
DEAR COLLEAGUES

Welcome to Fort Lauderdale and to the 6th Annual Congress of the American Society for Enhanced Recovery (ASER). This is the forth year we are co-hosting the event with Evidence Based Perioperative Medicine (EBPOM). This unique partnership provides a wonderful opportunity for attendees to stay abreast of the most recent scientific information on enhanced recovery and topics related to perioperative medicine, and an opportunity for colleagues and associates from different specialties and healthcare sectors to meet and enjoy a pleasant venue in Fort Lauderdale Florida.

We are grateful to this year’s Scientific Program Chair, Dr. Stefan Holubar, assisted by Dr. Timothy Miller. They have done an incredible job in selecting the speakers and the wide variety of topics for the meeting, from solutions to the opioid crisis, perioperative hypotension and building the enhanced recovery team – keys to success. Fascinating topics in Perioperative Medicine will also be covered by national and international experts, as well as procedure specific enhanced recovery case discussions.

Dr. Monty Mythen, the plenary speaker, will discuss his vision for the future of Enhanced Recovery. Other speakers include leaders and experts in surgery, anesthesiology and nursing, both at home and abroad. We also look forward to the scientific abstract session and the discussion with the presenters.

We would like to thank the corporate sponsors for their generous support, without which this meeting would not be possible. We encourage all attendees to visit the exhibits, learn what is available and offer insights to the exhibitors.

Sincerely,

Julie Thacker, MD
President,
American Society for Enhanced Recovery (ASER)

M G Mythen, MD, FRCA
Evidence Based Perioperative Medicine (EBPOM)

Invited Speakers

Anoushka Afonso, MD
Memorial Sloan Kettering Cancer Center
New York, NY USA

Bret Alvis, MD
Vanderbilt University Medical Center
Nashville, TN USA

Robin Anderson, RN, BSN
Duke Health
Durham, NC USA

Solomon Aronson, MD, MBA, FACC, FCCP, FAHA, FASE
Duke University School of Medicine
Durham, NC USA

Angela Bader, MD, PhD
Harvard Medical School
Boston, MA USA

Joni M. Brady, DNP, RN-BC, CAPA
International Collaboration of PeriAnaesthesia Nurses, Inc.
Alexandria, VA USA

Maxime Cannesson, MD, PhD
University of California Los Angeles
Irvine, CA USA

Francesco Carli, MD, MPhil
McGill University
Montreal, Quebec, Canada

Desiree Chappell, CRNA, MSNA
Anesthesiology Consultants Enterprises
Norton Audubon Anesthesia
Louisville, KY USA

Philip Corvo, MD, MA, FACS
Saint Mary’s Hospital, Trinity Health of New England
Hartford, CT USA

Diana L Diesen, MD
University of Texas Southwestern
Dallas, TX USA

Lee Fleisher, MD
University of Pennsylvania
Philadelphia, PA USA

Tong J. Gan, MD, MBA, MHS, FRCA
Stony Brook University
Stony Brook, NY USA

Vijay Gottumukkala, MB, BS, MD(Anes), FRCA
MD Anderson Cancer Center
Houston, TX USA

Mike Grcott, BSc, MBBS, MD, FRCA, FRCP, FFICM
University of Southampton
Southampton, UK

Traci Hedrick, MD
University of Virginia
Charlottesville, VA USA

Stefan Holubar, MD, MS, FACS, FASCRS
Cleveland Clinic
Cleveland, OH USA

Jonathan A. Laryea, MD, FACS, FASCRS, FWACS
University of Arkansas for Medical Sciences
Little Rock, AR USA

Terrence J. Loftus, MD
Lofthus Health
Tempe, AZ USA

Timothy Miller, MB, ChB, FRCA
Duke University
Durham, NC USA

Vicki Morton, DNP, AGNP-BC
Providence Anesthesia Associates
Charlotte, NC USA
Invited Speakers

Monty Mythen, MD, FRCA, FFICM, FCAI (Hon)
University College London
London, England

George Joseph Nassif, Jr., DO
Florida Hospital
Altamonte Springs, FL USA

Frank G. Opelka, MD, FACS
American College of Surgeons
Washington, DC USA

Carol J. Peden, MB, ChB, MD, MPH
Keck Medicine of University of Southern California
Los Angeles, CA USA

Michael R. Pinsky, MD, Drhc
University of Pittsburgh
School of Medicine
Pittsburgh, PA USA

Lynn Reede, DNP, MBA, CRNA, FNAP
American Association of Nurse Anesthetists
Park Ridge, IL USA

Bethany Sarosiek, RN, MSN, MPH, CNL
UVA Health System
Charlottesville, VA USA

Michael Scott, MB, ChB
Virginia Commonwealth
University Health System
Richmond, VA, USA

Anthony Senagore, MD, MBA
University of Texas Medical Branch at Galveston
Galveston, TX USA

Daniel I. Sessler, MD
The Cleveland Clinic
Cleveland, OH USA

Julie Thacker, MD
Duke University
Durham, NC USA

Elizabeth Wick, MD
University of California, San Francisco
San Francisco, CA USA

Judson Williams, MD, MHS
Duke University Medical Center
WakeMed Health and Hospitals
Durham, NC USA

Christopher Wu, MD
Johns Hopkins University
Baltimore, MD USA

Meeting Accreditation Information

LEARNING OBJECTIVES
• Discuss the various elements of an enhanced recovery pathway.
• Appreciate the current evidence base, as well as gaps in understanding and controversies.
• Understand new care delivery models and approaches, and how to apply these models in their hospital to improve outcomes.

REGISTRATION
Registration for the 2018 Annual Congress of Enhanced Recovery and Perioperative Medicine includes breakfasts, coffee breaks, lunches, opening reception, all workshops and the program syllabus. Member registrants must have 2018 dues paid in order to receive the member discount.

SATISFACTORY COMPLETION
Participants must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. NOTE: If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

ACCREDITATION STATEMENT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Amedco and American Society of Enhanced Recovery. Amedco is accredited by the ACCME to provide continuing medical education for physicians. Credit Designation Statement - Amedco designates this live activity for a maximum of 14.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CREDIT DESIGNATION STATEMENT (CME)
Amedco designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APPROVAL STATEMENT (ANAA)
This activity has been submitted for review by the American Association of Nurse Anesthetists.

APPROVAL STATEMENT (ANCC)
Amedco is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This course is co-provided by Amedco and American Society of Enhanced Recovery. Maximum of 14.50 contact hours.

PHARMACISTS
Amedco is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this program qualifies for up to 14.50 contact hours. Note: List day, session title and UAN on PN. NOTE: The only official Statement of Credit is the one you pull from CPE Monitor. You must request your certificate by April 24, 2018 to meet the deadline for submission to CPE Monitor.

AMERICAN SOCIETY FOR ENHANCED RECOVERY (ASER)
PHOTO AND VIDEO DISCLOSURE
Photos and video footage are periodically taken of people participating in an ASER meeting. Please be aware that by registering for an ASER meeting or participating in an activity or attending an event at an ASER meeting, you authorize ASER to use these photos and video footage for promotional purposes in ASER publications, advertising, marketing materials, brochures, social media (including Facebook, YouTube, Instagram, Twitter, and other social media sites operated by ASER), and the ASER website without additional prior notice or permission and without any compensation. All photos and videos are property of ASER.

CPE Monitor.

To meet the deadline for submission to CPE Monitor. You must request your certificate by April 24, 2018 to meet the deadline for submission to CPE Monitor.

PHARMACISTS
Amedco is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this program qualifies for up to 14.50 contact hours. Note: List day, session title and UAN on PN. NOTE: The only official Statement of Credit is the one you pull from CPE Monitor. You must request your certificate by April 24, 2018 to meet the deadline for submission to CPE Monitor.
THURSDAY, MARCH 15, 2018

6:00am – 5:30pm  Registration
Grand Foyer E-F

7:00 – 8:00am  Breakfast
Grand Salons A-E

8:00 – 9:30AM  SESSION 1: PRESIDENTIAL SESSION
Moderator: Stefan Holubar, MD, MS, FACS, FASCRS
Grand Salons F-K

8:00 – 8:20am  ASER 2018: Past/Present/Future
Julie Thacker, MD

8:20 – 8:40am  POQI 2018: Past/Present/Future
Timothy Miller, MB, ChB, FRCA

8:40 – 9:05am  Optimizing Patient Outcomes
Frank G. Opelka, MD, FACS

9:05 – 9:30am  Patient decision making and engagement: How can we measure and improve it?
Lee Fleisher, MD

9:30 – 10:00am  Break with Sponsors and Exhibitors
Grand Salons A-E

10:00 – 12:00PM  SESSION 2: ENHANCED RECOVERY ACROSS THE SURGICAL SPECTRUM
Moderator: Anthony Senagore, MD
Grand Salons F-K

10:00 – 10:15am  Pediatrics: Parents/Pains
Dana L. Diesen, MD

10:15 – 10:30am  Plastics Free Flaps
Anoushka Afonso, MD

10:30 – 10:45am  Hip & Knee
Bret Alvis, MD

10:45 – 11:00am  Emergency Laparotomy
Michael Scott, MB, ChB

11:00 – 11:15am  Cardiothoracic
Judson Williams, MD, MHS

11:15 – 12:00pm  Panel Discussion / Q&A
Grand Salons F-K

12:00 – 1:15pm  Lunch & Edwarde Lifesciences Symposium: “What’s too Low?”
Managing Pressure & Flow in the Perioperative Period
Timothy Miller, MB, ChB, FRCA; Monty Mythen, MD, FRCA, FFIM, FCAI (Hon); Daniel I. Sessler, MD

1:15 – 3:15PM  SESSION 3: ENHANCED RECOVERY: SOLUTIONS TO THE OPIOID CRISIS
Moderators: Vijay Gottumukkala, MS, BS, MD(Anes), FRCA; Matthew McEvoy, MD
Grand Salons F-K

1:15 – 1:30pm  Opioid Burden
Lynn Reede, DNP, MBA, CRNA, FNAP

1:30 – 1:45pm  Opioid-free Analgesia
George Joseph Nassif, Jr., DO

1:45 – 2:00pm  Epidurals, Spinals and Blocks
Christopher Wu, MD

2:00 – 2:15pm  Management of Patient on Chronic Opioid Therapy
Traci Hedrick, MD

2:15 – 3:15pm  Case Discussion

3:15 – 3:45pm  Break with Sponsors and Exhibitors
Grand Salons A-E

3:45 – 5:30PM  WORKSHOP
- Auditing, Reporting to the C-Suite
  Julie Thacker, MD; Frank G. Opelka, MD, FACS; Lee Fleisher, MD
  Caribbean Salon IV

5:30 – 7:00pm  Opening Reception and Poster Presentations
Grand Salons A-E

FRIDAY, MARCH 16, 2018

6:30am – 5:30pm  Registration
Grand Foyer E-F

7:00 – 8:00am  Breakfast
Grand Salons A-E

8:00 – 9:30AM  SESSION 4: EBPOM-1/POQI-3: PERIOPERATIVE HYPOTENSION: FIRST DO NO HARM
Moderator: Mike Grocott, BSc, MBBS, MD, FRCA, FRCP, FFICM
Grand Salons F-K

8:00 – 8:12am  Physiology of Blood Pressure
Michael Pinsky, MD, Drhc

8:12 – 8:24am  Preoperative Blood Pressure Management
Angela Bader, MD, PhD

8:24 – 8:36am  Intraoperative Blood Pressure Management
Daniel I. Sessler, MD

8:36 – 8:48am  Postoperative Blood Pressure Management
Matthew D. McEvoy, MD

8:48 – 9:30am  Panel Discussion / Q&A

9:30 – 10:00am  Break with Sponsors and Exhibitors
Schedule of Events cont.

**FRIDAY, MARCH 16, 2018 cont.**

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<tr>
<th>Time</th>
<th>Session Title</th>
<th>Details</th>
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<tr>
<td>10:00 – 12:00PM</td>
<td><strong>SESSION 5: EPBOM-2: PERIOPERATIVE SPACE: OWNERSHIP VS. COLLABORATION</strong></td>
<td>Moderator: Monty Mythen, MD, FRCA, FFICM, FCAI (Hon) Grand Salons F-K</td>
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<tr>
<td>10:00 – 10:30am</td>
<td>Debate: The Current Preoperative Pathway is Fundamentally Flawed</td>
<td>Solomon Aronson, MD, MBA, FACC, FCCP, FAHA, FASE; Traci Hedrick, MD</td>
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<td>10:30 – 11:00am</td>
<td>Debate: Postoperative Care has to be Delivered by the Surgeon</td>
<td>Lee Fleisher, MD; Anthony Senagore, MD</td>
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<td>11:00 – 11:30am</td>
<td>Debate: Collaborative Decision Making is the Best Approach to Discuss Perioperative Risk</td>
<td>Angela Bader, MD, PhD; Frank G. Opelka, MD, FACS</td>
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<td>11:30 – 12:00pm</td>
<td>Panel Discussion</td>
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<tr>
<td>12:00 – 1:15pm</td>
<td>Lunch &amp; Nestle Health Science Symposia: &quot;Evidence-based Immunonutrition: Results from the Strong for Surgery Program&quot;</td>
<td>Souvik Banerjee, PhD</td>
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<th>Time</th>
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<tr>
<td>3:45 – 5:30PM</td>
<td><strong>CONCURRENT BREAKOUTS</strong></td>
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<td></td>
<td>• Research Methodology Workshop</td>
<td>Anoushka Afonso, MD; Christopher Wu, MD; Anthony Senagore, MD Grand Salons F-K</td>
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<td>• Using Dynamic Assessment to Guide Fluid Management</td>
<td>Sponsored By: Cheetah Medical</td>
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<td>Caribbean Salon IV</td>
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**SATURDAY, MARCH 17, 2018**

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<th>Time</th>
<th>Session Title</th>
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<tr>
<td>7:00 – 8:00am</td>
<td>Breakfast</td>
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<td>8:00 – 9:30AM</td>
<td><strong>SESSION 7: BUILDING THE ENHANCED RECOVERY TEAM: KEYS TO SUCCESS</strong></td>
<td>Moderator: Julie Thacker, MD</td>
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<td>8:00 – 8:15am</td>
<td>Who is the Team?</td>
<td>Robin Anderson, RN, BSN</td>
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<td>8:15 – 8:30am</td>
<td>Role of the Coordinator- Making the Case</td>
<td>Bethany Sarosiek, RN, MSN, MPH, CNL</td>
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<td>8:30 – 8:45am</td>
<td>Data Challenges from Beginning and Beyond</td>
<td>Vicki Morton, DNP, AGNP-BC</td>
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<td>8:45 – 9:00am</td>
<td>Administrative Buy-in</td>
<td>Joni M. Brady, DNP, RN-BC, CAPA</td>
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<td>9:00 – 9:30am</td>
<td>Q&amp;A</td>
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<td>9:30 – 10:00am</td>
<td>Break</td>
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<td>10:00 – 12:00PM</td>
<td><strong>SESSION 8: PLENARY SESSION</strong></td>
<td>Moderator: Tong J. Gan, MD, MBA, MHS, FRCA</td>
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<td>10:00 – 10:10am</td>
<td>Research Awards</td>
<td>Anoushka Afonso, MD</td>
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<td>10:10 – 10:50am</td>
<td>PLENARY LECTURE: Enhanced Surgical Recovery: The Future is Yesterday</td>
<td>Monty Mythen, MD, FRCA, FFICM, FCAI (Hon)</td>
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<td>10:50 – 11:15am</td>
<td>AHRQ Enhanced Recovery Grant</td>
<td>Elizabeth Wick, MD</td>
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<td>11:15 – 11:40am</td>
<td>Q.I. in ERP</td>
<td>Carol J. Peden, MB, ChB, MD, MPH</td>
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<td>11:40 – 12:00pm</td>
<td>Panel Discussion / Q&amp;A</td>
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Hotel Map

WiFi Information
Login: Marriott_Conference
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Commercial Supporters & Exhibitors

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**Exhibitors**

- Abbott Nutrition
- Anesthesiology News
- Cumberland Pharmaceuticals, Inc.
- Deltex Medical
- Enhanced Medical Nutrition (“EMN”)
- ePREOP, Inc.
- LIDCO
- MDoloris Medical Systems
- Merck
- Pacira Pharmaceuticals
- Recro Pharma
- SeamlessMD
- Smiths Medical
- Twistle
Abstracts can be found on www.aserhq.org